

East Rockingham Senior Center
135 Safie 6th Street
Rockingham, NC 28379
910-997-8332

April 2018

NC Senior Center of Excellence

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance 2:00pm Walking video 3:00pm Cornhole 3:00pm	3 CV practice 1:00pm DEEP class 2:00pm Walking video 3:00pm Darts 3:00pm	4 "Just Crafts" 1:00pm Contract rummy 2:00pm Walking video 3:00pm Cornhole 3:00pm	5 Color me calm 1:00pm \$Art Class 1:30pm Walking video 3:00pm Bocce 3:00pm	6 Hand wax therapy 12:00pm Scrabble 1:00PM Walking video 3:00pm Horseshoes 3:00pm
9 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance 2:00pm Walking video 3:00pm Bocce 3:00pm	10 \$Girls Day Out 8:00am CV practice 1:00pm Walking video 3:00pm Horseshoes 3:00pm	11 "Just Crafts" 1:00pm CV game w/Ellebe 2:00pm (HOME)	12 Color me calm 1:00pm \$Art Class 1:30pm Walking video 3:00pm Cornhole 3:00pm	13 Scrabble 1:00PM Walking video 3:00pm Darts 3:00pm
16 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance 2:00pm Walking video 3:00pm Cornhole 3:00pm	17 CV practice 1:00pm Aggravation 2:00pm Walking video 3:00pm Darts 3:00pm HAPPY HOUR 6:00pm	18 "Just Crafts" 1:00pm Contract rummy 2:00pm Walking video 3:00pm Cornhole 3:00pm	19 Volunteer Party 11:30am Color me calm 1:00pm \$Art Class 1:30pm Walking video 3:00pm Bocce 3:00pm	20 Scrabble 1:00PM Walking video 3:00pm Horseshoes 3:00pm TCJ of ER 4:30pm
23 Trivia questions 12:00pm Stitch in Time 1:00pm Line Dance 2:00pm Walking video 3:00pm Bocce 3:00pm	24 Birthday Party 12:00pm CV practice 1:00pm Rummikub 2:00pm Walking video 3:00pm Horseshoes 3:00pm	25 \$Trip to Concord Mills 8:00am	26 Fishing trip to McKinney Lake <u>9:00am-1:00pm</u> Color me calm 1:00pm \$Art Class 1:30pm	27 Scrabble 1:00PM Walking video 3:00pm Darts 3:00pm
30 CLOSED for Senior Games		Tell me Something G😊😊D anytime	LEGEND TCJ of ER=The Crown Jewels of East Rockingham	CV=chair volleyball BP's=blood pressure check \$=fee based program/trip

Ellerbe Senior Center
 306 Millstone Road, Ellerbe, NC 28338
 910-652-6006

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bingo 12:15pm Richmond Co. Hospice	3 Art Class 12:15pm	4 Volleyball Practrice10:00 Volleyball Game @2:00 Pruitt Health	5 Coffee with Sandy Bingo 12:15pm	6 Contract Rummy 12:15pm
9 Bingo 12:15pm Richmond Pines	10 Art Class 12:15pm	11 Volleyball Practice 10:00 Volleyball Game 2:00 @ E Rock	12 CLOSED	13 Aggravation 12:15pm
16 Bingo 12:15pm with	17 Closed for Senior Games	18 Volleyball Game V/S Hamlet @ 2:00	19 CLOSED	20 Dominos 12:15pm
23 Bingo 12:15pm	24 Art Class 12:15pm	25 CLOSED \$Pamper Day	26 CLOSED Fishing Trip @ McKinney Fish Hatchery 9:00am- 1:00pm	27 Scrabble 12:15pm
30 Bingo 12:15pm				
Legend: \$ = Fee for program/ activity				

Rockingham Senior Center

225 South Lawrence St. Rockingham, NC 28379
910-997-4491

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 Exercise Room 7:30am-5:30pm	3 Exercise Room 7:30am-5:30pm Puzzle-drop in	4 Exercise Room 7:30am-5:30pm SHIIP by appt. only	5 Exercise Room 7:30am-5:30pm Walkie Talkies 9:00am Puzzle- drop in	6 Exercise Room 8:00am-5:00pm
9 Exercise Room 7:30am-5:30pm	10 Exercise Room 7:30am-5:30pm Puzzle- drop in	11 Exercise Room 7:30am-5:30pm SHIIP-by appt. only Paraffin Hand Wax 7:30am-5:00pm	12 Exercise Room 7:30am-5:30pm Walkie Talkies 9:00am Puzzle- drop in	13 Exercise Room 8:00am-5:00pm
16 Exercise Room 7:30am-5:30pm	17 Exercise Room 7:30am-5:30pm	18 Exercise Room 7:30am-5:30pm SHIIP-by appt. only	19 Exercise Room 7:30am-5:30pm Walkie Talkies 9:00am Alive after 55- LaCabana 6:00pm RSVP by 4/18/18 see newsletter for more info.	20 Exercise Room 8:00am-5:00pm
23 Exercise Room 7:30am-5:30pm	24 Exercise Room 7:30am-5:30pm Puzzle- drop in	25 Exercise Room 7:30am-5:30pm \$Concord Mills (Shopping) Paraffin Hand Wax 7:30am-5:00pm	26 Fishing Trip (Fish Hatchery) 9:00am Exercise Room 7:30am-5:30pm Puzzle-drop in	27 Exercise Room 8:00am-5:00pm
30 Exercise Room 7:30am-5:30pm		Legend: Walkie Talkies= Walking at the East Side Cemetery	Legend: Appt.= Appointment \$=Fee for Program/Activity	Legend: SHIIP= Senior Health Insurance Information Program 910-410-1135 for an appt.